

First Communion Class

Blessings of Holy Communion

The Last Supper:

1. Jesus had one last supper (he was celebrating the Passover) with his disciples the night before he died. At that supper he gave Holy Communion, also called Communion, the Lord's Supper, the Eucharist, Sacrament of the Altar.
2. He took the bread from the meal, passed it around to his disciples and said: "This is my body given for you; do this in remembrance of me." (Luke 22:19)
3. He took the cup of wine from the meal, passed it around to his disciples and said: "Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins." (Matthew 26:27-28)

Different teachings on what we receive:

Reformed: Bap't, Meth't, others-
(Symbolic, Memorial)

Bread
Wine

Lutheran
(Real Presence)

Bread
Wine
Body
Blood

Roman Catholic
(Transubstantiation)

Body
Blood

Four Very Important Words:

1. "Is" – Jesus said, "This is my body...this is my blood." (not represents, symbolizes, or turns into)
2. "In, with, and under" – we put these three together, for his body and blood are in (what we call a Sacramental union) the bread and wine, with the bread and wine (for the bread and wine remain), and under the form, appearance of, bread and wine.

Holy Communion is:

1. R_____ - re-experiencing what God has done for us in Christ.
2. G_____ T_____ - for what Jesus has done for us – "Eucharist."
3. C_____ - we are honest about our sin.
4. R_____ F_____ - we're sure Jesus' death was for the forgiveness of our sins.
5. G_____ - Jesus' presence in us brings spiritual growth, we are closer to Him.
6. J_____ C_____ - our spirits are lifted through what He has done for us.
7. B_____ T_____ - with all God's people, true "Communion."
8. T_____ - our receiving shows others what we believe.
9. Being s_____ to s_____ God – we're blessed to be a blessing to others.
10. Thinking about the f_____ - we look to Jesus' return & life with Him in heaven.